



**Donna Karlin's
NO CEILING...JUST SKY™
Manifesto**



DANCE WITH CHANGE

Create something. Anything. Improve something.
Don't deplete. Replete.
Don't live someone else's story of you.

EMBRACE CHAOS

Find the extraordinary in the ordinary.
Have the conversation you're most afraid to have. Everything is about relationships.
EVERYTHING! The people in your life contribute greatly to your happiness.
Choose wisely.

MOVE

In doubt? Just DO it! Let go of the need for certainty. If what you're doing isn't working, then rethink what you're doing.

INITIATE

Jump into the deep end of every day.
Let go of things that no longer serve you.
Life may be increasingly complex but it doesn't mean it has to be overly complicated. SIMPLIFY.
INTENTIONS = RESULTS. Replace "I can't's" with "I can and I will!"
See the world from A Better Perspective®

ACT

Stop waiting for someone else to give you permission to be unique. Stop "Shoulding" yourself.
Say "NO!" to the wrong things so you can say "YES!" to the right ones.
Stand for something meaningful.
Live in the questions.

M A K E S P A C E

The _____ gap between where you are and where you want to be is filled by what you choose to do now.
There is something special about you. Find it. Own it. Share it.
Remember...No Ceiling...Just Sky™

©Donna Karlin from the *No Ceiling, Just Sky™* Institute

Let's talk. Contact Donna at info@noceilingjustskyinstitute.com